

FROM OUR LOCAL LARDER

PICK YOUR PROTEIN, BASE & TWO SALADS

Handcrafted with seasonal ingredients from our local artisan suppliers

PLANT-BASED
13.95
MEAT OR FISH
15.95

STEP ONE

PICK YOUR PROTEIN

Teriyaki oyster mushroom
Onion and goats cheese tart
Market fish with
lemon parsley sauce
Chimichurri chicken

STEP TWO

PICK YOUR BASE

Pilaf rice
Spiced potato and
sweet potato crush
Honey roasted root vegetables

STEP THREE

PICK YOUR TWO SALADS

Carrot, cabbage, onion slaw
Cranberry, apple,
pomegranate quinoa
Brassica vegetable,
cos lettuce, Caesar salad

Adults need around 2,000 Kcal a day. If you have any special dietary requirements or allergies,
please let one of our team members know