

STEW

**BRITISH BEEF STEW,
HERB SUET DUMPLING**

13.95

180 kcal

Packed with
nourishing goodness
for the body and soul

NGCI option available

TOWER PYES

ALL PYES SERVED WITH GRAVY AND TWO SIDES

MEAT PYE

15.95

610 kcal

VEGAN PYE

13.95

VE 550 kcal

GRAVY

50 kcal

**ROASTED ROOT
VEGETABLES**

VE 215kcal

MASH

VE 280kcal

NGCI - Non gluten containing ingredients

Adults need around 2,000 Kcal a day. If you have any special dietary requirements or allergies, please let one of our team members know