

# FROM OUR LOCAL LARDER

## PICK YOUR PROTEIN, BASE & TWO SALADS

Handcrafted with seasonal ingredients from our local artisan suppliers

PLANT-BASED  
**13.95**  
MEAT OR FISH  
**15.95**

### STEP 3

#### PICK YOUR SIDES

Greek salad NGCI/VG  
Traditional slaw NGCI  
Caesar salad, cos lettuce,  
garlic croutons

### STEP 2

#### PICK YOUR BASE

Rosemary salted  
new potatoes NGCI/VG  
Safron rice NGCI/VG  
Chips NGCI  
Spring green beans and  
buttered peas NGCI

### STEP 1

#### PICK YOUR MAIN

Battered market fish, mushy peas,  
tartare sauce  
Chimichurri glazed  
chicken skewer NGCI  
Cumin roasted cauliflower,  
coconut cauliflower cream NGCI/VG

Adults need around 2,000 Kcal a day. If you have any special dietary requirements or allergies,  
please let one of our team members know